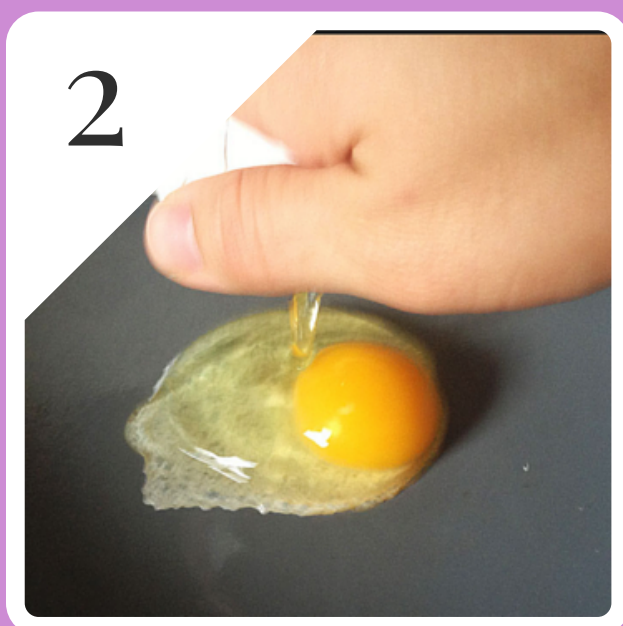


# HOW TO MAKE A FREID EGG

RECIPE BY VERU - LA CUOCHINA SOPRAFFINA



Heat the oil in a frying pan or a cast iron.



Gently break the egg in half and cook it for about 5 minutes.



Sprinkle the egg with the cooking oil and with a spatula lift it out of the pan and lay on a plate.



Sprinkle with some Parmesan cheese shavings and serve immediately.